

## Music

1. “Lord, How Come Me Here” - [https://www.youtube.com/watch?v=Pj\\_AcW1YD6w](https://www.youtube.com/watch?v=Pj_AcW1YD6w) (5:11)

Lord, how come me here?  
Lord, how come me here?  
Lord, how come me here?  
I wish I never was born

There ain't no freedom here, Lord  
There ain't no freedom here, Lord  
There ain't no freedom here, Lord  
I wish I never was born

They treat me so mean here, Lord  
They treat me so mean here, Lord  
They treat me so mean here, Lord  
I wish I never was born

They sold my chillen away, Lord  
They sold my chillen away, Lord  
They sold my chillen away, Lord  
I wish I never was born

Lord, how come me here?  
Lord, how come me here?  
Lord, how come me here?  
I wish I never was born  
I wish I never was born  
I wish I never was born

2. “Strange Fruit” - <https://www.youtube.com/watch?v=Web007rzSOI> (3:02)

Southern trees bear a strange fruit  
Blood on the leaves and blood at the root  
Black bodies swinging in the southern breeze  
Strange fruit hanging from the poplar trees

Pastoral scene of the gallant South  
The bulging eyes and the twisted mouth  
Scent of magnolia, sweet and fresh  
Then the sudden smell of burning flesh

Here is a fruit for the crows to pluck  
For the rain to gather, for the wind to suck  
For the sun to rot, for the tree to drop  
Here is a strange and bitter crop

3. “If I can Help Somebody” - <https://www.youtube.com/watch?v=mGzqKLzZXTE> (3:45)

If I can help somebody, as I travel along  
If I can help somebody, with a word or song  
If I can help somebody, from doing wrong  
No, my living shall not be in vain

No, my living shall not be in vain  
No, my living shall not be in vain  
If I can help somebody, as I'm singing the song  
You know, my living shall not be in vain

4. “A Change Gonna Come” - <https://www.youtube.com/watch?v=fPr3yvkhYsE> (3:10)

I was born by the river in a little tent  
Oh and just like the river I've been running ev'r since  
It's been a long time, a long time coming  
But I know a change gonna come, oh yes it will

It's been too hard living, but I'm afraid to die  
'Cause I don't know what's up there, beyond the sky  
It's been a long, a long time coming  
But I know a change gonna come, oh yes it will

I go to the movie and I go downtown  
Somebody keep tellin' me don't hang around  
It's been a long, a long time coming  
But I know a change gonna come, oh yes it will

Then I go to my brother  
And I say brother help me please  
But he winds up knockin' me  
Back down on my knees, oh

There have been times that I thought I couldn't last for long  
But now I think I'm able to carry on  
It's been a long, a long time coming  
But I know a change is gonna come, oh yes it will

5. “Imagine” - <https://www.youtube.com/watch?v=YkgkThdzX-8> (3:53)

Imagine there's no heaven  
It's easy if you try  
No hell below us  
Above us only sky  
Imagine all the people living for today

Imagine there's no countries  
It isn't hard to do  
Nothing to kill or die for

And no religion too  
Imagine all the people living life in peace, you

You may say I'm a dreamer  
But I'm not the only one  
I hope someday you'll join us  
And the world will be as one

Imagine no possessions  
I wonder if you can  
No need for greed or hunger  
A brotherhood of man  
Imagine all the people sharing all the world, you

You may say I'm a dreamer  
But I'm not the only one  
I hope someday you'll join us  
And the world will be as one

6. "You Have More Friends Than You Know" - <https://www.youtube.com/watch?v=FHWR0zV4FjI> (5:22)

We feel, We hear, Your pain, Your fear  
But we're here, To say, Who you are, Is okay  
And you don't have to go through this on your own  
You're not alone

You have more friends than you know  
Some who surround you, Some you are destined to meet  
You'll have more love in your life  
Don't let go, give it time; Take it slow  
Those who love you the most, may need more time to grow  
It's gonna be okay (It's gonna be okay)  
You have more friends than you know

Be brave, Be strong, You are loved, You belong  
Someday soon (Someday soon), You will see (You will see)  
You're exactly who you're supposed to be  
And you don't have to go through this on your own (Ooh!)  
You're not (You're not!), Alone (You're not alone, no, no)

You have more friends than you know  
Some who surround you, Some you are destined to meet  
You'll have more love in your life  
Don't let go Give it time (Give it time)  
Take it slow (Take it slow)  
Those who love you the most (May need more time to grow)  
It's gonna be okay (Gonna be okay)  
You have more friends than you know

Be who you are, Learn to forgive  
It's not about who you love, But how you live! (It's how you live!)

You have more friends than you know  
Friends who surround you, Friends you are destined to meet  
You'll have more (More!) love in your life  
Don't let go, give it time (Give it time)  
Take it slow (Take it slow)  
Those who love you the most (may need more time to grow)  
It's gonna be okay (It's gonna be okay)  
You have more friends than you know.  
It's gonna be okay

7. "The Seven Last Words of the Unarmed" - <https://www.youtube.com/watch?v=zdNXoqNuLRQ> (14:43)
  - a. Resources - <https://sevenlastwords.org/resources-credits/#compositions>
  - b. [0:17](#) "Why do you have your guns out?" Kenneth Chamberlain, age 66
  - c. [2:13](#) "Why are you following me for?" Trayvon Martin, age 16
  - d. [3:36](#) "Mom, I'm going to college." Amadou Diallo, age 23
  - e. [6:48](#) "I don't have a gun. Stop shooting." Michael Brown age 18
  - f. [7:41](#) "You shot me! You shot me!" Oscar Grant, age 22
  - g. [9:10](#) "It's not real!" John Crawford, age 22
  - h. [11:32](#) "I can't breathe." Eric Garner, age 43
  
8. "I Just Want to Live" - <https://www.youtube.com/watch?v=oHTyfiAufmA> (2:37)

## Movies and Documentaries

My legend will be

1. African American (AA)
2. Native American (NA)
3. Asian American (AS)
4. Hispanic American (HA)

(AA)

1. Many Rivers to Cross. Explores Black Identity and what it means to be an African American in the US today. Can be found on PBS. Several episodes to watch covering different subjects.
2. Freedom Riders. Tells the story of 1961 when 400 Black and White Americans boarded buses and trains to intentionally break Jim Crow laws in the south. Contains testimonies from the actual participants. Can be found on PBS.
3. Slavery by Another Name – Tells how Slavery did not end with the Civil War and explores the years after the Emancipation Proclamation and spans the 60 years after the war. Can be found on PBS.
4. Eyes on the Prize – the preeminent documentary series on Civil Rights. Can be found on PBS.
5. Black Power Mixtape (1967-1975) – Tells the story of the Black Power Movement from recorded interviews with Stokely Carmichael, Angela Daves, etc. The footage was lost for 30 years and was released set to music and images mixed with interviews with AA artist and activist where were influenced by the struggle. Available for Rent on YouTube, Amazon, and iTunes among others. May still be on Netflix.
6. Dark Girls – emotional expose on what it means to be dark skinned in the US and within the Black community. Can be watched on Amazon Prime.

7. Breaking the Huddle, The Integration of College Football. Can be watched on HBO.
8. 13<sup>th</sup> (13<sup>th</sup> Amendment) explores the history of racial inequality in the US with a focus on the Judicial System and prisons. Can be found on Netflix. There is also an accompanying, but separate discussion about the show with Oprah, also available on Netflix.
9. Hip Hop Evolution – captures the spirit and history of the cutler and will remind you how art can inspire change. Available on Netflix.
10. Fruitville Station (one of the few actual drama movies that I will list). Tells the true story of Oscar Grant, who was killed by transit police in Oakland, CA. Can be found on Netflix.
11. The Trials of Muhammad Ali – Spotlights his origins and conversion to Nation of Islam and resulting prosecution for his refusal to report for draft in Vietnam. Can be found on Netflix.
12. Hate Crimes in the Heartland – highlights hate crimes in Tulsa that happened 90 years apart, including the Tulsa Race Massacre. Can be found on Netflix.
13. Unforgivable Blackness (Part 1). Ken Burns documentary on Jack Johnson and his defiance of white supremacy in the worst years of Jim Crow. May be available on PBS, but can rent on Amazon and YouTube.
14. Tulsa Race Riots – 14-minute short documentary from 60 minutes that tells the story of the 1921 massacre. Available on YouTube.
15. More than a Month – film that explores the question of Black History Month and pushes to contemplate how we should make a commitment to Black History. No longer available on Amazon, but can be rented on iTunes.
16. The Rape of Recy Taylor – story of a Black woman, brutally raped by a gang of white men in Abbeville, AL in 1944. Amazon Prime and Hulu among others.
17. The Central Park 5 (2012). Documentary of the Central Park Jogger Case and the wrongful conviction of 5 African American Men. Available on Amazon Prime.
18. Murder on a Sunday Morning – Oscar winning documentary that tells the story of a 15-year-old wrongfully accused of a murder in Jacksonville, FL. Can be rented on Amazon.
19. The Uncomfortable Truth – History of Racism in America that covers 400 years. Filmed by the son of a Civil Rights Hero, he discovers that his family once helped start the racism in early America.
20. The Blood is at the Doorstep – tell the story of Dontre Hamilton, a schizophrenic who was unarmed and shot 14 times by police in Milwaukee. Can be watched on Amazon Prime.
21. I am Not Your Negro – Unfinished James Baldwin project about Medgar Evers, Malcom X, and Martin Luther King to tell the story of entrenched racism in America. Can be watched on Amazon Prime.
22. Crime and Punishment – focuses on racism within the NYPD and follows Black and Latino police who attempt to stop racist policing quotas. Can be found on Hulu.

23. Against All Odds: Fight for a Black Middle Class – compares how much less wealth Black Families tend to have and the causation. Available on PBS.
24. An Ordinary Hero – Story of Joan Trumpauer Mullholland, by the time this white Southern woman was 19, she had been shot at, attacked, and put on death row and that was just the start of her journey. Available on Amazon.
25. After Selma – History of Civil rights after 1970’s movement. Details the political and voting disenfranchisement of African Americans since the Civil Rights Voting Act. Can be found on Amazon Prime.
26. Mobile in Black and White – Explores race relations in Mobile that continues to pervade the structures and institutions in a supposedly post racial world. Father Jim Flowers participated in this documentary. Can be found on Amazon Prime.
27. Armor: Bi-racial in the Deep South. 4 women share their stories of growing up in the deep south and how they are treated and viewed. Directed and written by a Troy graduate who is bi-racial and grew up in Banks AL. Amazon Prime.

## More (Articles, Books, Plays and Poetry)

1. Race and Identity - <http://arthistoryteachingresources.org/lessons/race-and-identity/>
2. Hamilton (the Broadway Play) on Disney +: July 3<sup>rd</sup>
3. Dark Chocolate Is More Than Candy by Karen Easley - <https://www.kareneasley.com>
4. Assorted Chocolates Are More Than Candy by Karen Easley - <https://www.kareneasley.com>
5. Americans for the Arts - <https://www.americansforthearts.org/about-americans-for-the-arts/our-statement-on-cultural-equity>
6. Titus Kaphar: How Can We Address Centuries of Racism In Arts? - <https://www.npr.org/2017/11/10/562836477/titus-kaphar-how-can-we-address-centuries-of-racism-in-art>
7. National Underground Railroad Freedom Center - <https://freedomcenter.org/online-exhibits>
8. Racial Equality Tools - <https://www.racialequitytools.org/act/strategies/arts-and-culture>
9. The Conversation (Exploring how black and white artists depict race) - <https://theconversation.com/exploring-how-black-and-white-artists-depict-race-43901>
10. Atlantic (Seven works of art that explore race in America) - <https://www.atlantamagazine.com/list/race-atlanta/seven-works-art-explore-race-america/>
11. HOWLROUND Theatre Commons (Playwrights of Color, White Directors, and Exposing Racist Policy) - <https://howlround.com/playwrights-color-white-directors-and-exposing-racist-policy>

12. "What They Did Yesterday Afternoon," by Warsan Shire, a Somali immigrant in England; I shared this one on FB last week and several times before that, and I teach it as often as possible.  
<https://verse.press/poem/what-they-did-yesterday-afternoon-6524900794187889060>
13. "Home," also by Warsan Shire: <https://www.facinghistory.org/standing-up-hatred-intolerance/warsan-shire-home>
14. Good article on Shire at NPR: <https://www.npr.org/sections/goatsandsoda/2016/04/27/475872852/beyonces-lemonade-turns-a-somali-brit-poet-into-a-global-star>
15. "When the World as We Knew It Ended," by Joy Harjo, who is the current US Poet Laureate and a Native American. This one is about watching the white man ruin the Earth, basically, but as it culminates on 9/11:  
<https://www.poetryfoundation.org/poems/49619/when-the-world-as-we-knew-it-ended>
16. "I'm explaining a few things," by Pablo Neruda, Chilean. It's about the Spanish Civil War, but it isn't specific enough that the message of how violence changes people is lost.  
<https://www.poetryinternational.org/pi/poem/22618/auto/0/0/Pablo-Neruda/Im-Explaining-a-Few-Things/en/tile>
17. "I, Too," by Langston Hughes: <https://www.poetryfoundation.org/poems/47558/i-too>
18. The essay "How It Feels to Be Colored Me," by Zora Neale Hurston: <https://www.casa-arts.org/cms/lib/PA01925203/Centricity/Domain/50/Hurston%20How%20it%20Feels%20to%20Be%20Colored%20Me.pdf>
19. "Prayer to the Masks," by Leopold Sedar Senghor, first president of independent Senegal:  
<https://allpoetry.com/Prayer-To-Masks>